## Lesson Plan Summer 2023

## Semester: 6th Subject : PR 4 LIFE SKILL Name of the Faculty : Dr. Mukunda Sahoo Semester from Date : 13/2/2023 to 23/5/2023

		No. Of	No. Of				
		Days/per	Date/per				
		week class	week class				
	WEEK/M	allotted :	allotted : 02		Actual	Short fall	
SI No	onth	02	Date	Topic to be covered	Coverage	if any	Remark
1	- 1st	1st		Society, Social Structure, Develop			
				Sympathy and Empathy SWOT Analysis -			
				Concept, How to make use of SWOT			
			16.02.2023	analysis.			
2		2nd					
				Inter personal Relation: Sources of			
2		2110		conflict, Resolution of conflict , Ways to			
			16.02.2023	enhance interpersonal relation			
3		1st	23.02.2023	Identify and clarify the problem			
4	2nd	2nd		Information gathering related to			
4			23.02.2023	problem			
5		1st	2.03.2023	Evaluate the evidence			
6	3rd	2nd		Consider alternative solutions and their			
0			2.03.2023	implications			
7		1st		Choose and implement the best			
/	4th		9.03.2023	alternative			
8		2nd	9.03.2023	Review			
				Problem solving techniques:1) Trial and			
9		1st		error, 2) Brain storming, 3) Lateral (Out			
	5th		16.03.2023	of Box) thinking			
10		2nd		<ul> <li>Body language , Dress like the</li> </ul>			
10			16.03.2023	audience			
11		1st		<ul> <li>Posture, Gestures, Eye contact and</li> </ul>			
		150	23.03.2023	facial expression.			
	6th	2nd		• STAGE FRIGHT, Voice and language –			
12				Volume, Pitch, Inflection, Speed, Pause			
				Pronunciation, Articulation, Language,			
			23.03.2023	Practice of speech.			
13		1st		Use of AV aids such as Laptop with LCD			
1.5		131	6.04.2023	projector, white board etc			
14	7th	2nd		Group Discussion : Introduction to group			
				discussion, Ways to carry out group			
			6.04.2023	discussion			
				Parameters— Contact, body language,			
15		1st		analytical and logical thinking, decision			
			13.04.2023	making			
15		1st	13.04.2023				

	8th					
16		2		Interview Technique: Dress, Posture,		
		2nd		Gestures, facial expression, Approach		
			13.04.2023	Tips for handling common questions.		
17		1st		Understand and work within the		
			20.04.2023	dynamics of a groups.		
18	9th	2nd				
				Tips to work effectively in teams,		
				Establish good rapport, interest with		
				others and work effectively with them to		
			20.04.2023	meet common objectives.		
19	10th	1st		Tips to provide and accept feedback in a		
				constructive and considerate way,		
				Leadership in teams, Handling		
			27.04.2023	frustrations in group.		
20		2nd		Introduction, Task identification, Task		
				planning , organizing and execution,		
			27.04.2023	Closing the task		
	11th	1st				
				SWOT Analysis:-		
21				Analyze yourself with respect to your		
				strength and weaknesses, opportunities		
				and threats. Following points will be		
				useful for doing SWOT.		
			4.05.2023	a) Your past experiences,		
22		2nd	4.05.2023	b) Achievements		
23	12th	1st	11.05.2023	c) Failures		
24		2nd	11.05.2023	d) Feedback from other sets.		
25	13th	1st		Solve the True life problem assigned by		
			18.05.2023	the Teacher		
26		2nd	18.05.2023	Working in a Team		

Signature of Subject Teacher