

LESSON PLAN.

Academic Session :- 2020-2021
 Subject :- SKIN AND HAIR THERAPY THEORY

SEMESTER:-5TH

Total Period :-
 Theory :- 5p/week

Teacher :- SARITANJALI NAYAK

MONTH	Week	DAYS/PERIOD	Period	Syllabus to be covered	Syllabus actually covered
OCT	2ND WEEK OF OCT21	TUESDAY	2	Introduction	COVERED
	2ND WEEK OF OCT21	FRIDAY	1	Categories of skin problems	COVERED
	4TH WEEK OF OCT21	FRIDAY	1	Categories of skin problems	COVERED
	5TH WEEK OF OCT21	TUESDAY	2	causes of skin problems	COVERED
	5TH WEEK OF OCT21	WEDNESDAY	1	causes of skin problems	COVERED
	5TH WEEK OF OCT21	FRIDAY	1	pigmentation & its therapy	COVERED
NOV	1ST WEEK OF NOV21	TUESDAY	2	Disease of sebaceous gland	COVERED
	1ST WEEK OF NOV21	WEDNESDAY	1	QUESTION AND ANSWER DISCUSSION	COVERED
	1ST WEEK OF NOV21	FRIDAY	1	Seborrhea ,open pores	COVERED
	2ND WEEK OF NOV21	TUESDAY	2	Double chin	COVERED
	2ND WEEK OF NOV21	WEDNESDAY	1	Treatment for blemishes & wrinkles	COVERED
	2ND WEEK OF NOV21	FRIDAY	1	Complexion treatment	COVERED
	3RD WEEK OF NOV21	TUESDAY	2	Dandruff	COVERED
	3RD WEEK OF NOV21	WEDNESDAY	1	Ringworm	COVERED
	4TH WEEK OF NOV 21	TUESDAY	2	QUESTION AND ANSWER DISCUSSION	COVERED
	4TH WEEK OF NOV 21	FRIDAY	1	Treatment for puffy eyes ,double chin	COVERED
DEC	1ST WEEK OF DEC 21	WEDNESDAY	1	Complexion treatment	COVERED
	1ST WEEK OF DEC 21	FRIDAY	1	QUESTION AND ANSWER DISCUSSION	COVERED
	2ND WEEK OF DEC21	TUESDAY	2	Facial with lymphatic drainage	COVERED
	2ND WEEK OF DEC21	WEDNESDAY	1	Treatment with galvanic, ozone & ultrason	COVERED
	2ND WEEK OF DEC21	FRIDAY	1	Clinical management through electrical tre	COVERED
	3RD WEEK OF DEC21	TUESDAY	2	Cause for hair problems	COVERED
	3RD WEEK OF DEC21	WEDNESDAY	1	Categories of hair damage	COVERED
	3RD WEEK OF DEC21	FRIDAY	1	Causes of gray hair & pre mature graying o	COVERED
	4TH WEEK OF DEC21	TUESDAY	2	Alopecia	COVERED
	4TH WEEK OF DEC21	WEDNESDAY	1	Head lice	COVERED
	4TH WEEK OF DEC21	FRIDAY	1	QUESTION AND ANSWER DISCUSSION	COVERED
	5TH WEEK OF DEC21	TUESDAY	2	QUESTION AND ANSWER DISCUSSION	COVERED

	5TH WEEK OF DEC21	WEDNESDAY	1	QUESTION AND ANSWER DICUSSION	COVERED
	5TH WEEK OF DEC21	FRIDAY	1	QUESTION AND ANSWER DICUSSION	COVERED
JAN	1ST WEEK OF JAN21			QUESTION AND ANSWER DICUSSION	