

LESSON PLAN.

Academic Session :- 2021-2022  
 Subject :- SKIN AND HAIR THERAPY THEORY

SEMESTER:-5TH  
 Total Period :-  
 Theory :-4p/week

Teacher :- SUNIDHI SATRUSALYA

MONTH	Week	DAYS/PERIOD	Period	Syllabus to be covered	Syllabus actually covered
SEPT	3RD WEEK OF SEPT22	TUESDAY/20/09/22	1	Introduction	
	3RD WEEK OF SEPT22	WEDNESDAY/ 21/09/22	1	Categories of skin problems	
	3RD WEEK OF SEPT22	FRIDAY/23/09/22	1	Categories of skin problems	
	3RD WEEK OF SEPT22	SATURDAY/24/09/22	1	causes of skin problems	
	4TH WEEK OF SEPT22	TUESDAY/ 27/10/21	1	causes of skin problems	
	4TH WEEK OF SEPT22	WEDNESDAY/28/09/22	1	pigmentation &its therapy	
	4TH WEEK OF SEPT22	FRIDAY/30/09/22	1	Disease of sebaceous gland	
OCT	2ND WEEK OF OCT 22	TUESDAY/11/10/22	1	QUESTION AND ANSWER DICUSSION	
	2ND WEEK OF OCT 22	WEDNESDAY/12/10/22	1	Seborrhea ,open pores	
	2ND WEEK OF OCT 22	FRIDAY/14/10/22	1	Double chin	
	2ND WEEK OF OCT22	SATURDAY/15/10/22	1	Treatment for blemishes & wrinkles	
	3RD WEEK OF OCT22	TUESDAY/18/10/22	1	Complexion treatment	
	3RD WEEK OF OCT22	WEDNESDAY/19/10/22	1	Dandruff	
	3RD WEEK OF OCT22	FRIDAY/21/10/22	1	Ringworm	
	3RD WEEK OF OCT 22	SATURDAY/22/10/22	1	QUESTION AND ANSWER DICUSSION	
	4TH WEEK OF OCT22	TUESDAY/25/10/22	1	Treatment for blemishes & wrinkles	
	4TH WEEK OF OCT22	WEDNESDAY/26/10/22	1	Treatment for puffy eyes ,double chin	
	4TH WEEK OF OCT22	FRIDAY/28/10/22	1	Complexion treatment	
4TH WEEK OF OCT22	SATURDAY/29/10/22	1	QUESTION AND ANSWER DICUSSION		
NOV	1ST WEEK OF NOV 22	TUESDAY/08/11/22	1	Facial with lymphatic drainage	
	1ST WEEK OF NOV22	WEDNESDAY/09/11/22	1	Treatment with galvanic,ozone & ultrasonic	
	1ST WEEK OF NOV22	FRIDAY/11/11/22	1	Clinical management through electrical treatment	
	1ST WEEK OF NOV22	SATURDAY/ 12/11/22	1	Cause for hair problems	
	2ND WEEK OF NOV22	TUESDAY/ 15/11/22	1	Categories of hair damage	
	2ND WEEK OF NOV22	WEDNESDAY/16/11/22	1	Causes of gray hair &pre mature graying of hair	
	2ND WEEK OF NOV22	FRIDAY/18/11/22	1	Alopecia	
	2ND WEEK OF NOV22	SATURDAY/19/11/22	1	Head lice	
	3RD WEEK OF NOV22	TUESDAY/22/11/22	1	QUESTION AND ANSWER DICUSSION	
	3RD WEEK OF NOV22	WEDNESDAY/23/11/22	1	QUESTION AND ANSWER DICUSSION	
	3RD WEEK OF NOV22	FRIDAY/25/11/22	1	QUESTION AND ANSWER DICUSSION	
	3RD WEEK OF NOV22	SATURDAY/26/11/22	1	QUESTION AND ANSWER DICUSSION	

	4TH WEEK OF NOV22	TUESDAY/29/11/22	1	QUESTION AND ANSWER DICUSSION	
	4TH WEEK OFNOV22	WEDNESDAY/30/11/22	1	QUESTION AND ANSWER DICUSSION	
	1ST WEEK OF DEC22	TUESDAY/06/12/22	1	QUESTION AND ANSWER DICUSSION	
	1ST WEEK OF DEC22	WEDNESDAY/07/12/22	1	QUESTION AND ANSWER DICUSSION	
	1ST WEEK OF DEC 22	FRIDAY/09/12/22	1	QUESTION AND ANSWER DICUSSION	
	1ST WEEK OF NOV 22	SATURDAY/ 10/12/22	1	QUESTION AND ANSWER DICUSSION	
	3RD WEEK OF DEC22	TUESDAY/13/12/22	1	QUESTION AND ANSWER DICUSSION	
DEC	3RD WEEK OF DEC21	WEDNESDAY/14/12/22	1	QUESTION AND ANSWER DICUSSION	
	3RD WEEK OF DEC21	FRIDAY/16/12/22	1	QUESTION AND ANSWER DICUSSION	
	3RD WEEK OF DEC21	SATURDAY/17/12/22	1	QUESTION AND ANSWER DICUSSION	
	3RD WEEK OF DEC21	SATURDAY/17/12/23	1	QUESTION AND ANSWER DICUSSION	
	3RD WEEK OF DEC21	SATURDAY/17/12/24	1	QUESTION AND ANSWER DICUSSION	
	3RD WEEK OF DEC21	SATURDAY/17/12/25	1	QUESTION AND ANSWER DICUSSION	

*Scenidhi  
Sakrusalya*



