

LESSON PLAN.

Academic Session :- 2021-2022  
Subject :- HAIRDRESSING THEORY

SEMESTER:-5TH  
Total Period :-  
Theory :- 4p/week

Teacher :-SUNIDHI SATRUSALYA

MONTH	Week	DAYS/PERIOD	Period	Syllabus to be covered	Syllabus actually covered
SEPT	2ND WEEK OF SEPT 22	MONDAY/19/09/22	1	History of permanent waving	
	2ND WEEK OF SEPT 22	TUESDAY/20/09/22	1	Perming theory , chemistry of cold waving	
	2ND WEEK OF SEPT 22	FRIDAY/23/09/22	2	Principle actions in cold waving	
	3RD WEEK OF SEPT 22	MONDAY/26/09/22	1	Different types of rod used for waving	
	3RD WEEK OF SEPT 22	TUESDAY/27/09/22	1	Wave pattern formation,neutraliser , advantages& disadvantages	
OCT	2ND WEEK Of OCT22	MONDAY/10/10/22	1	Problems including hair bleaching & precaution to be taken	
	2ND WEEK Of OCT22	TUESDAY/11/10/22	1	Hair cutting techniques, Tapering, Layering	
	2ND WEEK Of OCT22	FRIDAY/14/10/22	2	Under cutting, Slithering, Thinning	
	3RD WEEK Of OCT22	MONDAY/17/09/22	1	Asymmetrical bob,Notching, Slicing	
	3RD WEEK Of OCT22	TUESDAY/18/10/22	1	Zigzag,Thinning,Chopping	
	3RD WEEK Of OCT22	FRIDAY/21/10/22	2	Hair style by using mousse	
	4TH WEEK Of OCT22	TUESDAY/25/10/22	1	Safety precautions for permanent waving	
NOV	4TH WEEK Of OCT22	FRIDAY/28/10/22	2	Effect of lightness ,types of lighteners, materials & implements	
	1ST WEEK Of NOV22	MONDAY/07/11/22	1	Advance hair styling by changing the texture form & color of the hair	
	1ST WEEK Of NOV22	FRIDAY/11/11/22	2	Advantages & Disadvantages of various hair products	
	2ND WEEK Of NOV22	MONDAY/14/11/22	1	Precautions for using of various hair product & electrical gadgets	
	2ND WEEK Of NOV22	TUESDAY/15/11/22	1	Introduction to light & heat	
	2ND WEEK Of NOV22	FRIDAY/18/11/22	2	Heat energy from one object to another	
	2ND WEEK Of NOV22	MONDAY/21/11/22	1	Affects of heat on body	
	3RD WEEK Of NOV22	TUESDAY/22/11/22	1	Light & radiant energy	
	3RD WEEK Of NOV22	FRIDAY/25/11/22	2	Effect of lightness ,types of lighteners, materials & implements	
	4TH WEEK Of NOV22	MONDAY/28/11/22	1	Physical effects of lights	
DEC	4TH WEEK Of NOV22	TUESDAY/29/11/22	1	Devices that produce light,precaution for using various heat	
	1ST WEEK Of DEC 22	MONDAY/05/12/22	1	Advance hair styling by changing the texture form & color of the hair	
	1ST WEEK Of DEC 22	TUESDAY/06/12/22	1	Advantages & Disadvantages of various hair products	
	1ST WEEK Of DEC 22	FRIDAY/09/12/22	2	Precautions for using of various hair product & electrical gadgets	
	2ND WEEK Of DEC 22	MONDAY/12/12/22	1	Introduction to light & heat	
	2ND WEEK Of DEC 22	TUESDAY/13/12/22	1	Heat energy from one object to another	
	2ND WEEK Of DEC 22	FRIDAY/16/12/22	2	Affects of heat on body	
	3RD WEEK Of DEC 22	MONDAY/19/12/22	1	Light & radiant energy	
	3RD WEEK Of DEC 22	TUESDAY/20/12/22	1	Physical effects of lights	
3RD WEEK Of DEC 22	FRIDAY/23/12/22	2	Precaution for light equipment & gadgets		

Sunidhi  
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