

LESSON PLAN.

Academic Session :- 2022-2023  
 Subject :- HAIRDRESSING-I THEORY

SEMESTER:-1ST  
 Total Period :-  
 Theory :-4p/week

Teacher :- Sunidhi satrusalya

MONTH	Week	DAYS/DATE	Period	Syllabus to be covered	Syllabus actually covered
OCT	4TH WEEK OF OCT22	THURSDAY/27/10/22	2	INTRODUCTION,STRUCTURE OF HAIR	
	4TH WEEK OF OCT22	FRIDAY/29/10/22	2	CHEMICAL COMPOSITION OF HAIR,DIVISION OF HAIR	
NOV	1ST WEEK OF NOV22	MONDAY/07/11/22	1	GROWTH&HAIR DISTRIBUTION,IMPORTANCE OF SHAMPOO	
	1ST WEEK OF NOV22	THURSDAY/10/11/22	2	PURPOSE & FUNCTION OF SHAMPOO,VARIOUS TYPE OF SHAMPOO	
	1ST WEEK OF NOV22	FRIDAY/11/11/22	2	USES OF OF SHAMPO IN DRY OILY & NORMAL HAIR,PURPOSE OF RIENSE	
	2ND WEEK OF NOV22	MONDAY/14/11/22	1	DIFFERENT TYPES OF RIENSE USES	
	2ND WEEK OF NOV22	THURSDAY/17/11/22	2	SAFETY PRECAUTION IN SHAMPOOING & RIENSE	
	2ND WEEK OF NOV22	FRIDAY/18/11/22	2	EXPLAIN THE BENEFITS OF MASSAGE,METHODS OF MASSAGE	
	3RD WEEK OF NOV22	MONDAY/21/11/22	1	PETRISAGE ,EFFLURAGE,TAPTEMENT,FRICITION,VIBRATION	
	3RD WEEK OF NOV22	THURSDAY/24/11/22	2	SUIT DIFFERENT HAIR CUT IN TEXTURE,FINE HAIR,WAVY HAIR,COARSE HAIR	
	3RD WEEK OF NOV22	FRIDAY/25/11/22	2	PETRISAGE ,EFFLURAGE,TAPTEMENT,FRICITION,VIBRATION	
4TH WEEK OF NOV22	MONDAY/28/11/22	1	MATERIALS REQUIRED & PROCEDURE		
DEC	1ST WEEK OF DEC 22	MONDAY/05/12/22	1	KNOW THE USE OF HAIR SHAPING & CUTTING IMPLEMENTS	
	1ST WEEK OF DEC 22	THURSDAY/08/12/22	2	PERFORM DIFFERENT TYPES OF SECTIONING & PATTERN MAKING	
	1ST WEEK OF DEC 22	FRIDAY/09/12/22	2	STATE & EXPLAIN THE ROLLER SETTING	
	2ND WEEK OF DEC22	MONDAY/12/12/22	1	STUDY OF HAIR & ITS LENGTH FOR USING DIFFERENT SIZES OF ROLLER	
	2ND WEEK OF DEC22	THURSDAY/15/12/22	2	KNOWS THE USE OF EQUIPMENT,IMPLEMENTES & COSMETICS REQUIRED IN HAIR SETTING	
	2ND WEEK OF DEC22	FRIDAY/16/12/22	2	KNOWS THE USE OF DIFFERENT METHOD OF HAIR DRYING	
	3RD WEEK OF DEC 22	MONDAY/19/12/22	1	KNOWS THE USE OF DIFFERENT METHOD OF HAIR DRYING	
JAN	3RD WEEK OF DEC 22	THURSDAY/22/12/22	2	STATE & EXPLAIN DIFFERENTS TYPES OF HAIR STYLES TO SUIT SATURE AGE,OCCASION,FACIAL SHAPES,FEATURES ,SHAPE OF THE HEAD	
	3RD WEEK OF DEC 22	FRIDAY/23/12/22	2	KNOWS THE USE OF DIFFERENT METHOD OF HAIR DRYING	
	1ST WEEK OF JAN 23	MONDAY/02/01/23	1	TRADITIONAL	
	1ST WEEK OF JAN 23	THURSDAY/05/01/23	2	CONTEMPORARY	
	1ST WEEK OF JAN 23	FRIDAY/06/01/23	2	STATE & EXPLAIN DIFFERENTS TYPES OF HAIR STYLES TO SUIT SATURE AGE,OCCASION,FACIAL SHAPES,FEATURES ,SHAPE OF THE HEAD	
	2ND WEEK OF JAN23	MONDAY/09/01/23	1	DESCRIBE THE COMB OUT TECHNIQUE : BACK COMBLACING,SMOOTHING,BACK BRUSHING	
	2ND WEEK OF JAN23	THURSDAY/12/01/23	2	IMPLEMENTES USES ,SELECTION OF COSMETICS	
	2ND WEEK OF JAN23	FRIDAY/13/01/23	2	TRIMMING,LAYER CUTTING,BLUNT CUT,TAPERING CUT	
	3RD WEEK OF JAN 23	MONDAY/16/01/23	1	SUIT DIFFERENT HAIR CUT IN TEXTURE,FINE HAIR,WAVY HAIR,COARSE HAIR	
3RD WEEK OF JAN 23	THURSDAY/19/01/22	2	DEFINE & EXPLAION ABOUT TH EDIFFERENTS TYPES OF HAIR CUT		
3RD WEEK OF JAN 23	FRIDAY/20/01/23	2	TRIMMING,LAYER CUTTING,BLUNT CUT,TAPERING CUT		
4TH WEEK OF JAN23	MONDAY/23/01/23	1	SUIT DIFFERENT HAIR CUT IN TEXTURE,FINE HAIR,WAVY HAIR,COARSE HAIR		
4TH WEEK OF JAN23	FRIDAY/27/01/23	2	EQUIPEMENT IMPLEMENTES & COSMETICS USED IN HAIR STYLING		
5TH WEEK OF JAN23	MONDAY/30/01/23	1	SUIT DIFFERENT HAIR CUT IN TEXTURE,FINE HAIR,WAVY HAIR,COARSE HAIR		

Sunidhi  
 Satrusalya